

The Kentucky Commission on Community Volunteerism and Service

The Cabinet for Families and Children



The Heartline

T a k i n g t h e p u l s e
Covering volunteerism and service throughout the commonwealth

This Quarter: Details on Kentucky's Make a Difference Day project (cover) - A reminder about AmeriCorp's RFP deadlines (cover) - 2002 Governor's Awards Ceremony (cover) - Governor's Award Recipients (pg 3-6) - The Kentucky Department of Juvenile Justice designating more Sites of Promise (pg 6-7) - Dress for Success Louisville, a one of a kind program in Kentucky (pg7) - Great Kids Summit (pg 7)

January 2003

Make a difference day



Kentuckians seem to be in the giving mood all year. Make a

Difference Day comes in the last quarter, and having been generous with their neighbors, Kentuckians are somehow able to reach a little farther, a little higher and achieve so much more.

In 2001, the Kentucky Commission on Community Volunteerism and Service adopted a

Western Kentucky project, collecting cans of Beef Stew to feed the hungry. We suggested that collected stew, or a vegetarian equivalent, be given to homebound senior citizens through the Meals on Wheels deliveries, seniors who eat at senior center lunch programs and to food pantries. Food would remain in the counties where collected. With very little preparation, Kentuckians donated enough stew to feed over 1900 individuals. We felt very proud.. Several of the participating organizations asked that we celebrate Make a Difference Day 2002 the same way.

We did. How could we ever imagine that our neighbors in schools, businesses, offices, various State Government Departments, Sites of Promise and not for profit organizations, CNCS funded programs and individual citizens would collect enough beef stew to feed more than **56,000** individuals. There were challenges, there were stew parties and there were boxes. Children brought stew to Family and Youth Resource Centers and sorority members brought cans to appointed locations. Think about this... some counties in Kentucky have less than 56,000 individuals. We could have fed entire counties. Should we be asked the meaning of the words compassionate, generous and caring, our immediate response would be Kentuckians... going through their every day lives.

- Eileen Cackowski

Important reminders

The Kentucky Commission on Community Volunteerism and Service in conjunction with the Corporation for National Service under the auspices of the Cabinet for Families and Children has issued an Request for Proposals for AmeriCorps*State programs. Applications are due January 31, 2003. If you are interested in submitting a proposal, please go to <http://volunteerky.state.ky.us> for an application.

2002 Governor's Awards

"Can you think of any place else you would rather be tonight?" asked Dr. Tim Jackson, Deputy Secretary of the Cabinet for Families and Children, as he addressed the crowd at the 2002 Governor's Awards for Outstanding Volunteer Service. The ceremony, held on December 18 at the Capitol rotunda in Frankfort, was a perfect way to celebrate the season of giving. Families and friends gathered to see their loved ones honored for their contributions to the citizens of the Commonwealth.

The hostess for the evening, KCCVS Commissioner Jana Sturm, opened the program and was followed at the podium by Executive Director Eileen Cackowski, Commission Chair Karen Schmalzbauer, Dr. Jackson, and the emcee, Kellie Wilson of WKYT-TV, Lexington. Each relayed the sentiment that Kentuckians know how to volunteer and do it well. Winners were presented with a lovely trophy in the shape of Kentucky.

Prior to the awards ceremony, musicians Raleigh Dailey and David Sturm filled the marble halls with familiar holiday songs while guests dined on hors d'oeuvres and viewed a power point presentation about the winners.



- Karen Asher

"Getting Things Done in Kentucky"

Editor: Carrie Bryant



Throughout the newsletter are small bits for your enjoyment. Keep an eye out for them.



This icon indicates that interesting statistics follow. It also begs the question: are all things number? From the philosophy of Pythagoras who said, "all things are number."



This thinking man is followed by wise witty words from many sources. Allow him to engage your mind.



The happy dancing man is always accompanied by a "funny." Lighten your mood a little with a short joke.



This is accompanied by a brain teaser. Go ahead, see if you can catch the solution.

Corporation for
**NATIONAL &
COMMUNITY
SERVICE**



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The "family" of Carrie Clemons watches as she receives the 2002 Governor's Award for Lifetime Achievement. See Mrs. Clemons achievements on page 6.



Who we are

KCCVS COMMISSIONERS

Karen Schmalzbauer – Chair

Pat Hargadon – Vice Chair

Jana Sturm – Secretary

Doug Adams
Nelda Barnett
Roger Cleveland
W.C. Corbin
Ken Culp III
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KCCVS STAFF

Eileen Cackowski – Executive Director

Andrea Sieloff – Program Officer

Carrie Bryant – Administrative Specialist

Karen Asher – Youth & Access Programs
Coordinator

Marzelle Wurtsmith – Financial Officer

➤ 2002 award winners

Innovation youth



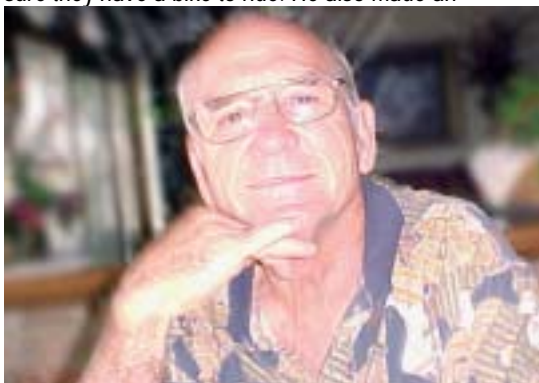
Katie Lucille Wilson, Mt. Sterling, KY

In addition to being the founder and president of SERVE (Students Enjoying Rewarding Volunteer Experiences) at Montgomery County High School, Katie is involved in Teen Leadership Montgomery County, The Montgomery Co. Community Education Advisory Council, Community of Promise Council, Secretary of Rotary Interact Club, President-elect of Future Educators of America, Secretary of Montgomery Co. Tobacco Coalition, Vice-president of Student Council, Postponing Sexual Involvement Teen Leader, Kentucky Youth Council on Volunteerism & Service, and Shop-with-a-Cop.

Innovation adult

Riddick,
Clinton, KY

Mr. Riddick, a.k.a. "The Bike Man," has made many children's dreams come true by making sure they have a bike to ride. He also made an impact overseas by sending 20 bicycles to missionaries in Africa. A retired farmer, he served in the Hickman County Retired and Senior Volunteer Program. He and his wife, Glenda, are active members at the First Baptist Church in Clinton. The Riddicks have a huge playground on their property. Frank welcomes all the local children to come out and play and is often seen playing alongside them.



Frank

Impact youth

Teri Jo Fuson,
Williamsburg, KY

Teri Jo, a student at Whitley County High School, uses her leadership skills, compassion and outgoing personality to improve her community. Through 4-H, she is a role model to younger club members and serves on the Kentucky State 4-H Teen Council. She serves as a student leader of the WCHS Student Priority Christian Youth Club, volunteers as a peer tutor and participates in the Adopt-A-Highway program. Teri Jo plans lessons for Bible study classes at Main Street Baptist Church, where she is the assistant director of the Pastor's choir and documents everything for the church scrapbook.



Impact adult

Harry Higgins, Carrollton, KY

Many Veterans have Harry Higgins to thank for their health. He gets them to their medical appointments at the VA Medical Center in Louisville, stays with them to make sure they get the best care, then takes them home when they are finished. Mr. Higgins volunteers a minimum of 8-10 hours, four or more days a week which is more time than most people spend working at a full-time job. In two years, he has volunteered over 5,700 hours and has driven many, many miles, sometimes making two trips in a single day. He is an advocate and spokesperson for his fellow veterans and the VA Medical Center, serves as an active member of the Vietnam Veterans of America, The American Legion, and Forty & Eight.



Can you find the meaning behind these brain teasers?
poFISHnd 13579 AZ



Answers on page 7

Group non-profit

The Students of Aldersgate Commons Asbury College, Wilmore, KY

The Asbury College students who live in Aldersgate Commons agree to



volunteer at least 10 hours each semester. As many as 140 students make an impact on the surrounding area throughout the school year. Last year, a total of 2,795 hours was served in Jessamine, Fayette and Garrard Counties. More than 70 organizations were served by the Aldersgate students, who are rewarded with professional and life experiences.

Group business

Toyota Motor Manufacturing of North America Erlanger, KY

Toyota employees are making a difference in the lives of young people. Last year, 47 volunteered through Big Brothers, Big Sisters. Volunteers pause from their busy work schedules to spend time with a child. Many of the children referred to BB/BS come from low income, single-parent homes. Studies have shown that having a mentor has a significant



impact on a child's academic success, self-esteem and goals for the future.

National service individual

Clayton "Tony" Smith Winchester, KY

Tony Smith, a senior at George Rogers Clark High School, is a well-rounded student. He makes the grades, participates in school activities and gives back to his community. While he spent his summer at the Governor's Scholar Program at Centre College, he minored in volunteerism and served children at a homeless shelter. He is seeing, firsthand, what his future as a doctor will be like by volunteering at the Clark Regional Hospital. He is an active member of his church youth group and serves on the Leed's Theater Board of Directors. People often turn to Tony for his fresh ideas about ways to help others.



Serving others is Love in work clothes.



Boyd
County
High

National service group

School Spanish Club Ashland, KY

Nowhere in the guidelines does it say that members of this club are required to complete service projects. That is what makes them so special. They do not just want to learn about a distant culture; they want to reach their hands out to the Hispanic community in their own back yards. They showed that they are not afraid to get those hands dirty by helping to construct a Habitat for Humanity house. They make sure that



families have the necessities that make a house a home by preparing holiday baskets. These students even helped one couple start a new life together by decorating for their wedding reception.

Volunteer support

Nora Fern Gulette
Nicholasville, KY

Nora Gulette knows that the secret to a happy life is sharing oneself with others. After a career as a nurse, she continues to make others feel



better through her volunteer efforts at Thomson-Hood Veterans Center, Southland Christian Church and Jessamine Christian Church. She is there for the sick, bereaved and those who simply need someone to listen. She recruits other volunteers to do the same. Wherever she goes, she brings sunshine.

Challenge youth

Thuy Lai Ly
Louisville, KY

Thuy Ly overcame a childhood illness to become an independent young woman and a successful student. Thuy and her family moved to the United States when she was in fifth grade. As an English as a Second Language student herself, she now tutors elementary and middle school students. She

served over 500 hours last year, often working with up to six children during each visit. Thuy is a member of BETA Club, Student Council, and the Principal's Forum. She also gives her time to the Louisville Zoo. As a member of Tuan Temple, Thuy helps many members as an interpreter.



Challenge adult

Emily Dyke
Lawrenceburg, KY

A Senior Companion volunteer for the past eight years, Emily spends 20 hours per week providing care and companionship to an elderly person in her community. She has helped

11 individuals live independently longer. She rarely misses a day because her clients look forward to the time she spends with them. Over the years, Emily has helped clients remain

in their homes as long as possible while allowing their families to meet other important obligations.



Special category

Kelly Brock and Charlie
Asbury College in Wilmore, KY

Charlie may have been raised in a barn, but that didn't stop him from going to college. This very special horse was donated to the Equine Center at Asbury College, where he met trainer, Kelly Brock. Charlie took students with learning disabilities for rides as part of a program called Jessamine Connection. He found a friend in one of his riders, Phillip Riley, and the pair won two gold medals in the Special Olympics.



Charlie has retired at the age of 30, but like many Kentucky horses, his legend lives on.

Lifetime achievement

Carrie Lee Jones Clemons
Mt. Sterling, KY

For nearly a century, Mrs. Clemons has made the world a better place. In addition to being

a teacher and a business owner, she has been a full time volunteer. In every area—education, community and church, "Sister Carrie" gives her all. She and her husband, Henry, raised and educated seven children as their own. Her wisdom and wit have enriched the lives of people of all ages, and her efforts are known by many.



Two Governors commissioned her as a Kentucky Colonel and twice the Kentucky House of Representatives have recognized her. She was the president of the state Christian Women Fellowship for 8 years and the State Christian Bible School for 4. Mrs. Clemons always has kind words of encouragement for those she meets, saying, "Get an education and perform acts of kindness that will improve the neighborhood and community." When asked who her closest friend is, she replies, "Everybody."

DJJ Promise Fellow Hard At work

The Kentucky Department of Juvenile Justice (DJJ) continues its America's Promise efforts by designating facilities, grantees and state prevention councils as Sites of Promise. Since February, DJJ has designated 2 Communities of Promise and 28 Sites of Promise. Seven of those Sites of Promise are DJJ facilities.

The Cadet Leadership and Education Program (CLEP), a DJJ facility, serves males from ages 14 to 17 who have been committed to the Department of Juvenile Justice. CLEP combines traditional military drilling and regimen with intensive therapeutic services and supported transition back to the community. Youth participate in the program for a minimum of eight months – four months of residential treatment and four months of supervised community placement.

In October, CLEP joined the efforts of DJJ by becoming a Site of Promise. In order to fulfill the Five Promises, CLEP has pledged to continue their tutoring program, engage youth in community service projects, provide access to a healthy start through physical education and provide effective education along with job shadowing and college preparation.

On October 25, Ronald L. Bishop, Commissioner of the Department of Juvenile Justice, presented CLEP with a certificate of recognition signed by himself and Kentucky's Governor, Paul Patton.



On November 18, 2002, the Radcliff/Vine Grove Leadership Class held a Community Forum to educate community members on America's Promise-The Alliance for Youth and tell them how they can get involved. During the Forum community members heard an overview of America's Promise from the Department of Juvenile Justice AmeriCorps Promise Fellow, Stephanie Reynolds. Participants also heard first hand accounts from Minnie Robinson, a member of the community, who is already involved with America's Promise. There were many different sectors of the community represented at the Forum, including business, faith, schools, non-profit, health, law enforcement and government.

The Radcliff/Vine Grove Community Leadership Program is a ten-session, nine-month long program scheduled annually, which provides a unique opportunity for interested citizens to learn about the needs and resources in their community. At the conclusion of the class, a project is selected.

The class looked at the needs of the community and how they could bring the community together for youth. They felt that America's Promise would be a great avenue. The Leadership Class plans to hold additional Community Forums to bring in all sectors of the community to build a Community of Promise to ensure that all Five Promises are being fulfilled for the children and youth of the Radcliff/Vine Grove area.

- Stephanie Reynolds



Located in the heart of downtown Louisville, Dress for Success Louisville (DFSLOU) was established in October 2000 to help low-income women succeed in the workforce through the provision of interview suits, confidence boosts and career development. DFSLOU is the only program of its kind in the state of Kentucky.

The DFSLOU mission is to provide women seeking employment with the resources needed to obtain and retain employment. DFSLOU is committed to empowering women to achieve increased self-sufficiency so they can contribute to the economic viability of their families and the Louisville community.



The **Simply Suited** program provides interview coaching and professional attire to low-income women who have recently secured employment, have a scheduled job interview and/or are enrolled in a job training program. To date, 55 agencies have referred women, including homeless and domestic violence shelters, drug treatment centers, rehabilitation centers, and literacy initiatives.

DFSLOU is exploding in growth! In the first 18 months they served almost 200 women and have already doubled that number in 2002. The overall number of women participating in the **Simply Suited** program in 2002 increased from 124 women assisted in 2001 to 402 women assisted in 2002. To date, over 500 women have been suited.

In addition to boosting clients' self-confidence with interview suits, DFSLOU is launching the **Professional Women's Group** in January 2003. This networking association provides ongoing support and career development assistance to Dress for Success clients that have obtained employment. The PWG takes a comprehensive approach to moving low-income women toward self-sufficiency addressing their social and economic needs at monthly meetings where they can network with each other and professional mentors. The PWG provides a safe and comfortable atmosphere for these women to learn the skills needed to advance the workplace and provide greater leadership at home.



by

in

No fees for either program are ever charged the client or referral agency and Dress for Success Louisville has been a 100% volunteer organization since the beginning.

We are helping women achieve self-sufficiency, one simple suit and one PWG seminar at a time!

- Shannon White



Big fish in a little pond, Odds and ends



Save the Date! August 4-6, 2003

Kentucky Great Kids Summit
Promoting Positive Youth Development

Hosted by the
Kentucky Youth Development Partnership
Kentucky Child Now! **UK CES 4-H/Youth Development**

Featuring...
National Speakers
Provocative Workshops
Roundtable Discussions Highlighting Best Practices and Model Programs
Networking Opportunities
2003 Destiny Awards Luncheon
Silent Auction
Gubernatorial Candidate Forum

When: August 4-6, 2003

Where: Executive West Hotel, Louisville, KY

For Whom: Youth and adults including policy makers, educators, state and local youth-serving organizations and agencies, community leaders, policy makers, and America's Promise commitment makers

Why: To inspire and empower Kentuckians to build assets with and for young people.

To increase awareness of positive youth development.

To connect resources and supports for Kentucky's youth.

To foster collaboration among those who work with and for young people.

To build the commitment of policy-makers and community leaders to support positive youth development.

To recognize Kentuckians who have made a significant impact on Kentucky children.

Look For this exciting opportunity to make your activities COUNT!

The KY Youth Development Partnership Announces:

Kentucky Youth Services Survey: Only by taking a "snapshot" of the positive opportunities that are available to young people can we start to look at where to build from. Your support of this survey will assist us in the elevation of Youth Services to the forefront of state and local policy. We have strived to make the survey as simple and easy to use as possible. There are only four questions.

A major part of the survey involves the completion of a Five Promises Table. There are five "Domains" down the side of the table. They reflect the five promises of the America's Promise Initiative. Across the top are four age ranges: 0-5, 6-12, 13-18, and 19-24. For each of the five promises, you need to fill in only the age ranges your organization provides services, with the type of service provided from the list of options under each of the promises.

This Survey will be distributed widely in January 2003 and will be accessible through the KY Child Now! Website: www.kychildnow.org

- TJ Delahanty



WHATS ON OUR CALENDAR?

January/march/april

January 20th	Martin Luther King's Birthday Observed
January 31st	Close of Request for Proposal Process
February 1-15th	Peer Review Panel convened and training
February 4th	Midwinter Training for AmeriCorps Members – Natural Bridge State Park
February 11th	Midwinter Training for AmeriCorps Members – Rough River State Park
February 18th	Peer Review panel recommendations to Commission for CNCS Funding
March 3-5th	Cross Streams Conference in Lexington
March 8th	Revised applications (egrant) due to KCCVS
March 18th	Egrants submitted to CNCS
March 19th	Program Director's Meeting
April 11-13th	National Youth Service Days
April 27-May 3rd	National Volunteer Week

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Next issue

In the next issue of The Heart Line we will have a report from ECU Promise Fellows, highlight Ombudsman Volunteers, review mid-winter AmeriCorps training and the Cross Streams Conference, have an update on the database project and introduce new KCCVS Commissioners.



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